



MonaLisa Touch® Pre-Internal and External Treatment Instructions

It is important to follow your treatment provider's instructions before and after treatment.

Pre-Treatment Recommendations:

- Refrain from vaginal sexual activity for 48 hours before treatment.
- Shower or bathe the morning of treatment, so that the area to be treated is clean
- Closely clip or trim the vulvar area before your treatment.
- Dress in loose fitting pants and cotton underwear on the day of treatment.
- Your care provider will apply topical anesthetic to the vulvar area prior to treatment to minimize treatment discomfort.
- Purchase supplies and medications needed for post-treatment care before treatment date.
- Stop using all vaginal creams for 72 hours prior to the procedure.

Patient Supplies Needed:

- Moisturizing occlusive ointment, such as Aquaphor® Healing Ointment or Vaseline® ointment.
- Gentle, hypoallergenic skin cleanser such as Cetaphil.
- Cold gel packs.
- Patient prescriptions as directed by physician: antiviral and/or others.